



Sex and reproduction

While the 'Puberty Power Up' course focuses on puberty and anatomy learning for children, the PLUS topics or add ons offer extra learning experiences across a number of topics. Some families find they need more information in other areas of learning; perhaps because their child is asking more questions about friendships, body safety, keeping happy online, gender identity or sexuality. We offer these extra topics for those parents/caregivers who wish to scale up their child's learning at home.

'**Sex and reproduction**' covers the basics of intercourse and conception, and provides an age-appropriate summary of sex and pleasure. We also talk about the different ways babies can join families (IVF/assisted reproduction), as well as cover family diversity (meaning who is looking after the children? Is it always one mum and one dad or can there be different ways that families are made up?).

Related Puberty Plus topics we recommend:

- Consent
- Sexuality

