



## Intersex variation

While the 'Puberty Power Up' course focuses on puberty and anatomy learning for children, the PLUS topics or add ons offer extra learning experiences across a number of topics. Some families find they need more information in other areas of learning; perhaps because their child is asking more questions about friendships, body safety, keeping happy online, gender identity or sexuality. We offer these extra topics for those parents/caregivers who wish to scale up their child's learning at home.

In '**Intersex variation**' we explain how some people have physical features, such as genitals, chromosomes or genetic features, that don't exactly match what doctors generally expect for either female or male bodies. We emphasise that this is about someone's body only, and doesn't affect their gender or sexuality. We talk about what people with intersex variation might expect during puberty, and stress that intersex variation is normal, just one of the different ways it is to be human.

### **Related Puberty Plus topics we recommend:**

- Gender identity
- Crushes and sexual feelings
- Body safety

